

PRABHA IAS IPS COACHING ACADEMY



Grammy Award

Dalai Lama has received the 2026 Grammy Award for his audiobook, *Meditations: The Reflections of His Holiness the Dalai Lama*. The album won the Best Audiobook, Narration, and Storytelling Recording category.

Established in 1959, and presented annually by the Recording Academy, the Grammy Award honours excellence across music, spoken-word recordings, audiobooks, and other audio categories.

Dalai Lama is the title of the spiritual leader of the Gelug school of Tibetan Buddhism; the current and 14th Dalai Lama is Tenzin Gyatso. He is globally known for promoting peace, non-violence, and compassion, and was awarded the Nobel Peace Prize (1989).