

# PRABHA IAS IPS COACHING ACADEMY



## DAILY DOSE

### CURRENT AFFAIRS – 28/02/2026

#### 1. India-Germany Climate Resilience Initiative:

**Recent** - Germany announced a €20 million Large Grant project for India under the International Climate Initiative (IKI) to strengthen ecosystem-based climate resilience.

In 2008, the Government of Germany launched a flagship international climate finance instrument to support developing and emerging economies.

Aims to promote climate mitigation and climate adaptation, aligning with global commitments under the Paris Agreement and the Convention on Biological Diversity.

#### 2. About Avoidant or Restrictive Food Intake Disorder (ARFID):

**Recent** - Studies highlight the need to distinguish Avoidant or Restrictive Food Intake Disorder (ARFID) from general 'picky eating' to prevent misdiagnosis and malnutrition.

ARFID is a recognised mental health and eating disorder characterised by a persistent failure to meet daily nutritional requirements.

The disorder is driven by genetic predispositions, intense sensory aversions to food textures, or traumatic events like vomiting and choking.

It differs from anorexia, caused by a distorted perception of body image and fear of weight gain.

ARFID mainly affects children and adolescents, with higher prevalence in boys.

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## 3. National Science Day 2026:

**Recent** - India celebrates National Science Day every year on February 28.

It marks the discovery of the Raman Effect by Sir C.V. Raman (1928), for which he received the Nobel Prize in Physics (1930).

The day propagates the daily application of science to cultivate a scientific temper and accelerate national development.

The theme of National Science Day 2026 is “Women in Science: Catalysing Viksit Bharat“.

It highlights the role of women-led scientific progress to make India a developed nation by 2047.

## 4. Moist Heatwave:

**Recent** – Research showed that timings and locations of the moist heatwaves are controlled by the active and break periods of the southwest monsoon (SWM) season and can be predicted weeks in advance.

Moist heatwaves are triggered by a combined impact of high temperatures and elevated humidity levels in the atmosphere.

The best way to measure the combined effect of humidity and temperature is ‘wet bulb temperature’.

Wet bulb temperature is the lowest temperature to which air can be cooled by the evaporation of water into the air at constant pressure.

## 5. e- Railway Claims Tribunal System:

**Recent** - the Union Minister for Railways launched the e- Railway Claims Tribunal system as reform number four under Indian Railways’ flagship “52 Reforms in 52 Weeks” initiative.

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It will enable end-to-end computerisation and digitisation of the Railway Claims Tribunal.

It will transform the filing, processing and adjudication of claims by making the process faster, more transparent and accessible from anywhere in the country.

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